



Clockwise from top left: Peter Greenwood, second in the CDEF Tour of the Abberleys, leads the field; the podium at the F Cats Champs, with Jack Watson, Tony Woodcock and Geoff Mindham; Phil Rayner, Stallard Series A cat winner, leads in the Staffordshire Oakcake Race; Phil Mason, AB winner of the Tour of the Abberleys; the field in the A Cat Champs, winner Roy Chamberlain left, Roland Tilley (3rd) centre, Martin Webster, later winner of the last Percy Stallard race, right.



Regional Officers 2007

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CHAIRMAN & SECRETARY	Wallie Hodge	43 Wyre Avenue, Kirkham Preston Lancs PR4 2YE	01772-682531
EVENTS CO-ORDINATOR	Dave Hargreaves	62 Columbia Way, Blackburn, Lancs BB2 7DT	01254-671012
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SEC. & QM	Alan Edmondson	'Seven Oaks', Newlay Wood Ave, Horsforth, Leeds LS18 4LN	0113-258-7194
TREASURER	Patrick Douglas	52 Spennythorn Avenue, Leeds LS16 6JA	0113-267-6200
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EVENTS CO-ORDINATOR	Keith Boardman	19 Clydesdale Road, Hoylake, Wirral, CH7 3RP	0151-632-3185
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CONTACT/EVENTS	Nev Ashman	77 Hulme Hall Road, Cheadle Hulme, Cheshire SK8 6JZ	01614-857969
NEWSLETTER Distributor	Les Bailey	23 Spencer Street, Northwich, Cheshire CW8 1BP	01606-781760
TREASURER	John Carter	41 Holthouse Road, Tottington, Bury BL8 3JP	01204-886635
CORRESPONDENT	Jim Golden	Foxglove Cottage, 18 The Village, Keele, Staffs ST5 5AR	01782-624631

REGION 5. EAST and NORTH MIDLANDS

CHAIRMAN/CORRESP	John Downing	33 Doncaster Rd, Costhorpe, Worksop S81 9QY	01909 732764
REGISTRAR	Phil Etches	12 Hereford Way, Grantham NG31 8AX linksay.etches@btinternet.com	01746-577262
SECRETARY	Jean Flear	14a Water Lane, North Hykeham, Lincoln LN6 9QST	01522-687738
TREASURER	John Flear	Address as for Jean Flear johnflear@onetel.net.uk	01522-687738
N/L DISTRIBUTOR	Ken Corbett	24 Cornwall Close, Monk Bretton, Barnsley S71 2ND kencorbett@tiscali.co.uk	01226-290726
QUARTERMASTER	Roger Hearsom	Manor Farm, 6 Front Lane, Treeton, Rotherham Yorks S60 5QP	01742-694868
EVENTS CO-ORD	Dave Gretton	7 Lorimer Avenue, Gedling, Notts NG4 4BS davegretton@hotmail.com	0115-987-8700

REGION 6. MID WALES and WEST MIDLANDS

CONTACT	Ray Minovi	45 Augusta Road, Moseley, Birmingham B13 8AE cnews@tiscali.co.uk	0121-449-1347
REGISTRAR	Peter Varian	18 Redstone Farm Road, Hall Green, Birmingham B28 9NT	0121-777-2826
SECRETARY	Colin Willetts	201 Mildenhall Road, Great Barr, Birmingham B42 2PE	0121-358-6768
TREASURER	Steve Martin	8 Upper Holland Road, Sutton Coldfield, W. Mids B72 1SU	0121-355-2832
EVENTS CO-ORDINATOR	Michael Amery	18 Gifford Drive, Welland, Malvern, Worcs WR13 6SE	01684-310168
N/L DISTRIBUTOR	Colin Dooley	62 Gillhurst Road, Harborne, Birmingham B17 8PB	0121-427-2149

REGION 7. S.E. MIDLANDS and EAST ANGLIA

CONTACT	Ron Day	11 Kingsbridge, Furzton, Milton Keynes, Bucks MK4 1EH.	01908-501461
REGISTRAR	Gordon Batcock	58 Derwent Road, Leighton Buzzard, Bedfordshire LU7 2QW	01525-374035
TREAS/EVENTS	Michael Kerridge	8 Michaels Mews, Fairford Leys, Aylesbury, Bucks HP19 7GG	01296-678598
EVENTS CO-ORDINATOR	Peter Holt	18 Buckworth Road, Alconbury Weston, Huntingdon, Cambs PE28 4JX	01480 890422
N/L CORRESP & DISTRIB	John Powell	19 The Rookery, Orton Whiston, Peterborough PE2 6YT	01733-756042

REGION 8. S. WALES and WESTERN ENGLAND

SECRETARY	Austin Heath	Melrose, 12 Heol Morlais, Llannon, Dyfed SA14 6BD	01269-832975
TREASURER	Kevin Green	107 Cherington, Yate, South Glos BS37 8UT	01454-881486
EVENTS CO-ORDINATOR & N/L DISTRIBUTOR	Martin Bush	Mobility House, Aberaman Park Industrial Estate, Aberdare, Mid-Glam CF44 6DA	01685-884226

REGION 9: LONDON and S. EAST ENGLAND

CHAIRMAN	Ian Tollady	9 Rosecroft Avenue, Hampstead, London, NW3 7QA	0207-794-3410
REGISTRAR	Bill Ollis	157 Cedar Road, Strood, Kent, ME2 2JR.	01634-721502
SEC. EVENTS CO-ORD, QM	Fred Little	45 Hillhouse Close, Billericay, Essex, CM12 0BB.	01277-658807
TREASURER	Peter Wilson	52 Knoll Drive, Southgate, London, N14 5NE.	0208-368-0698
N/L DISTRIBUTOR	Arnold Russell	94 Theford Close, London N13 6AU	0208-352-8780
CORRESPONDENT	Richard Wall	1 Adelaide Cottage, Homesfield, London NW11 6HP	0208-458-9214

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REGION 10: SOUTH WEST ENGLAND

REGISTRAR	Peter Rigby	18 Dryden Close, Fareham, Hants PO16 7NJ Pete@rigby5679.fsnet.co.uk	01329-822046
EVENTS CO-ORD	Paul Ruta	14 Scotter Square, Bishopstoke, Eastleigh SO50 6DP	02380-615405
N/L DISTRIB	Tony White	Three Gables, Colesbrook, Gillingham, Dorset SP8 4HH	01747-821803
TREASURER	Bob Lyle	The Heath, Byles Green, Upper Bucklebury, Berkshire RG7 6SD	01730-265061

Rules of Racing

RACE CALENDAR

1. Approval for a race date shall be obtained from the National Event Co-ordinator. Each application shall be accompanied by a payment of £20 per event for inclusion in the National Handbook Calendar of Events and for race insurance.

POLICE PERMISSION

2. The responsibility for making a race application to the appropriate police authority lies with the race promoter or promoting organisation and shall be made directly by the race organiser.

3. Applications using the appropriate LVRC forms must be made to all police authorities through whose area the race runs, at least six weeks in advance, giving details of course, date, starting time, etc. Copies of the police approval documents and race programme shall be sent to the respective Police Headquarters and local police at least seven days before the event.

HIGHWAYS REGULATIONS

4. All events on the public highway must be held in accordance with The Cycle Racing on Highways Regulations 1960 (and 1980 and 1995 Amendment Regulations).

5. All courses or circuits must be approved by the police.

LVRC RACE LICENCE/MEMBERSHIP

6. All British riders in an LVRC event must be members of the LVRC at the time of entering and riding an event. LVRC Racing Licences must be produced by all British entrants at the time of signing on to obtain a race number which must then be worn on the race jersey for the duration of the event.

RESULTS

7. Two result sheets must be sent to the National Results Co-ordinator and to all who supply a stamped addressed envelope for that purpose.

LVRC TROPHIES

8. LVRC championship trophies are perpetual and remain the property of the LVRC. Members are responsible for arranging the return of any trophy won by them to the LVRC Quartermaster before the next year's running of the event concerned.

EVENT PRIZES

9. LVRC policy is that *all* income from event entries, less levies and expenses, should be distributed as prizes. As a minimum, prizes must be given to the first three in each age category, the only exception being handicap races.

RACE FINANCE

10. A Balance Sheet, together with any profit from the event, shall be sent to the Regional Treasurer as soon as possible after the event.

11. In the case of a financial loss on the promotion of a regional event, applications can be made to the Regional Treasurer for a reasonable reimbursement.

AGE CATEGORIES

12 (a). LVRC categories are designated as follows: A, 40-44; B, 45-49; C, 50-54; D, 55-59; E, 60-64; F, 65-69; G, 70-74; H, 75+. Members will change category **on their appropriate birthday** and when entering races must quote the age category that they will be in on the day of the race.

12 (b). Lady members will normally ride in the category appropriate to a man 10 years older (i.e. 2 groups higher), including championship races.

13. All members are encouraged to ride in a category in which they feel comfortable. Therefore those who wish to do so because of varying ability may at any time enter to ride with a different age category (except in the case of championship events). Riders competing in an older category shall not be eligible for a prize.

14. Championship road races will be run for each category and medals, provided by the LVRC, will be awarded to the first three in each category, together with the LVRC championship jersey to the winner of each category. All categories shall race in separate events, except where the number of riders does not justify it.

15. The age and/or category entered for each rider must appear on the start sheet and on the signing-on sheet.

VEHICLE WARNING SIGNS

16. Official vehicles required at all events on public roads are: lead vehicle, which must carry signs stating 'CARE CYCLE RACE APPROACHING', a Race Controllers vehicle and a vehicle carrying a race official and a first aid attendant. All vehicles must carry a LVRC 'CYCLE RACE OFFICIAL' sign and a rear pointing sign stating 'CAUTION CYCLE RACE IN PROGRESS'.

SIGNING ON SHEETS AND LVRC LEVY

17. LVRC signing-on sheets must be completed in duplicate. The organiser must hand the bottom copy to the Chief Judge at least ten minutes before the start of the event. The top copy, together with 50p LVRC levy for every listed rider, must be sent to the Regional Treasurer, **as soon as possible after the event**, for retaining for the legal time requirement of six years.

18. All competitors must leave their current LVRC racing licence with the signing-on controller and sign on before

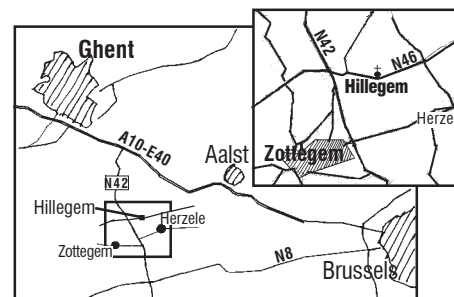
Regions and Postcodes

Region 1	NW England & Scotland: BB, BL, CA, FY, LA, PR, WN Scotland: AB, DD, DG, EH, FK, G, IV, KA, KW, KY, ML, PH, TD, ZE
Region 2	NE England & Yorkshire: BD, DH, DL, HD, HG, HU, HX, LS, NE, SR, TS, WF, YO
Region 3	N. Wales & Merseyside: CH, LM, L, LL, WA
Region 4	Greater Manchester & N. Staffs: CW, M, OL, SK, ST
Region 5	E & N Midlands: DE, DN, LE, LN, NG, S
Region 6	Mid-Wales & W. Midlands: B, DY, SY, TF, WR, WS, WV
Region 7	SE Mids & E Anglia: AL, CB, CV, HP, P, LU, MK, NN, NR, OX, PE, SG, WD
Region 8	S Wales & W England: BS, CF, GL, HR, LD, NP, SA
Region 9	London & SE England: BN, BR, CM, CO, CR, CT, DA, E, EC, EN, HA, LG, KT, ME, N, NW, RH, RM, SE, SM, SS, SW, TN, TW, UB, W, WC
Region 10	SW England: BA, BH, DT, EX, GU, GY, JE, PL, PO, RG, SL, SN, SO, SP, TA, TR, TQ

International Racing 2007

ICF Road Race Championships

5th August 2007, Hillegem, East Flanders (near Zottegem, south and east of Ghent)



60+ start 9am; 50+ 10.30;
40+ 12.30

Peter Ryalls will do block entry
Entries on LVRC form with s.a.e. and
£6.00 to:

11 Devonshire Close,
Dronfield Derbyshire S18 1QY
Tel **01246-413515**
ryalco@btinternet.com

**Date of birth is required as
condition of entry**

UCI Masters Championships, St Johann, Austria

World Cup Road Races: 19 – 21 August

World Masters Road Races: 23 – 26 August

World Masters Time-trials: 22 August

Information from the website, www.masterswm.org,

or from: **Harald Bauman, A-6380 St Johann in Tirol, Postfach 77, Austria.**

Czech Republic

European Masters Road 28th June – 1st July

www.masters-em.cz